May 1, 2013

With Gina of the Week

Avocado Dip & Homemade Tortilla Lime Chips

Cinco de Mayo is on Sunday, May 5th!
Avocados are on sale at Foodtown this week, so you can celebrate by making my Avocado Dip with Homemade
Tortilla Lime Chips. They're perfect to bring to a Cinco de Mayo party or for your own celebration at home. You can alter the chips to your taste by seasoning them with your favorite spices. Happy Cinco de Mayo! -Gina



Prep Time: 20 mins | Ready in: 30 mins | Servings: 6-8

Mix It Up...

Avocado Dip

In a food processor or blender, add garlic cloves, I tablespoon of finely chopped red onions, I tablespoon of finely chopped jalapeno peppers, 1/2 cup of chopped tomatoes and chopped cilantro.

Squeeze in the juice of half of the lemon and half of the lime. Pulse a few times until all ingredients are combined. Add avocados and yogurt and process until smooth.

In a separate bowl, add the remaining chopped tomatoes and finely chopped red onions. Squeeze in the juice of the other half of the lemon and mix. Serve as topping over avocado dip.

Use immediately or store in refrigerator.

Tortilla Lime Chips

Preheat oven to 350 degrees F.

In a small dish, add 2 tablespoons of olive oil. Squeeze in the juice of the other half of the lime into the oil and stir. With a pastry brush, paint a very light coating of the mixture on one side of each tortilla.

Stack the tortillas, greased side up, in an even pile. With a sharp knife, cut the stack in half, then into quarters, then into eighths. Separate the chips and arrange them, greased side up, on a lightly oiled baking sheet.

Bake in the oven for 10 minutes, or until they are crisp and beginning to lightly

Stop by Foodtown to pick up all of your ingredients to make this for Cinco de Mayo!

For Avocado Dip 3 Medium Ripe Avocados, pitted 1/3 Cup Plain Greek **Yogurt** 2 Cloves Garlic 1 Small Red Onion, finely chopped 1 Tablespoon Jalapeno Pepper, finely chopped 1 Whole Lemon, sliced in half 1 Whole Lime, sliced in half 1/2 Teaspoon Salt 1/4 Teaspoon Ground Pepper 1 Small Tomato, chopped 2 Tablespoons Fresh Cilantro, chopped For Tortilla Lime Chips → 1 Package of Flour Tortillas 2 Tablespoons Olive

Ingredients



1 Half of Lime